

# Working While Parenting in the Time of COVID-19

## Resource List

The move to remote work due to the COVID-19 pandemic resulted in an intertwining of the personal and the professional in ways few of us have previously experienced. Parents and caretakers face a particularly unique set of challenges during this trying time. We at the ADVANCE Office of Faculty Development under the Office of the Provost hope you take pride in the agility, resilience, and innovation you have shown during this adjustment. As you continue to navigate the serious issues associated with the COVID-19 pandemic, we have compiled tips and resources that we hope will assist you as you transition into the fall semester.

### Finding Flexibility:

- ["Advice for Faculty Members in Turbulent Times" \(Inside Higher Ed\)](#)
- ["As Covid-19 Erases Line Between Work and Home, Professors Learn to Teach Remotely While Watching Their Kid" \(The Chronicle of Higher Education\)](#)
- ["Building Boundaries & Resilience in Your 'New Normal'" \(HERC webinar - sign up for a free account\)](#)

### Balancing the Work Day and Childcare:

- ["Age-Based Tips to Help Juggle Parenting & Working at Home during COVID-19" \(American Academy of Pediatrics\)](#)
- ["COVID-19 and the Academic Parent" \(The Chronicle of Higher Education\)](#)
- [COVID-19 Parenting Resources \(Massachusetts General Hospital\)](#)
- [Scout - An app to discover and manage children's extracurriculars](#)
- [Tips to Balance Work and Childcare during the Coronavirus Pandemic" \(Boston College School of Social Work News\)](#)
- ["Watch My Kids, Please: Parents Hire Zoom Babysitters so They Can Shelter in Peace" \(The Washington Post\)](#)
- [Working from Home with Kids"\(HERC\)](#)

### Scholarly Productivity:

- ["Maintaining Research Productivity during COVID-19" \(University of North Carolina, Greensboro\)](#)

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### Scholarly Productivity Continued:

- "Resetting Your Research Agenda" (Inside Higher Ed)
- "Supporting Faculty During & After COVID-19" (The National Alliance for Inclusive & Diverse STEM Faculty)
- "Working from Home during the COVID-19 Pandemic: Tips and Strategies to Maintain Productivity & Connectedness" (University of Massachusetts Amherst)

### Teaching Children at Home:

- "Now's a Good Time to Teach Your Kids to Play on Their Own" (The New York Times)
- "College of Education Faculty, Instructors Offer Resources to Help Parents Teaching at Home during Coronavirus School Closures" (North Carolina State University)

### The National Center for Faculty Development & Diversity:

All Northeastern faculty have an institutional membership with NCFDD. Sign up for yours [here](#) in order to take advantage of these webinars and other helpful resources.

- Core Conversations: Adapting Your Strategic Plan amidst Uncertainty and Change
- Checking in with Yourself, Identifying Your Needs, and Figuring Out What Could Be Good in This Difficult Time
- Turbulent Times Q&A

Northeastern University also has an affinity group NUParents to discuss issues and support. You can sign up [here](#).

This document can be found on the ADVANCE Office of Faculty Development website, linked [here](#).